

*Journey to the  
Ethereic Retreats  
of the  
Heaven World*

*Therese Emmanuel*

*In my Father's house are many mansions:  
if it were not so, I would have told you.  
I go to prepare a place for you.  
- Jesus*

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Cover image The Voyage of Life: Youth by Thomas Cole

Acknowledgment: The retreat information described in this book was inspired by and draws from previous teachings presented in the books, *The Masters and the Retreats* by Mark and Elizabeth Clare Prophet, published by Summit University Press, *Ascended Masters and their Retreats* published by the Bridge to Freedom, *The Masters and the Path* by C.W. Leadbeater, *Unveiled Mysteries* by Saint Germain Press and books and teachings by Nicholas and Helena Roerich published through the Roerich Foundation.

Each night as our bodies fall asleep, our soul and soul consciousness can travel to etheric realms for tutoring, strengthening and inspiration. In this “realm of ideas” that Plato spoke of, we find etheric retreats and cities of astounding beauty, as perceived by Thomas Cole in his painting *Youth: The Voyage of Life*. Known of mystics of old and remembered by many people who have had near-death experiences, these retreats vibrate at a higher frequency and cannot be seen by the untrained physical eye, even when they are congruent with their physical surroundings.

In this heaven world, angels, masters, Elohim, buddhas and many beings of light reside. We find souls of departed love ones who train for reembodiment. A representation of children waiting to be born and training for their earth mission in a heavenly temple of learning is beautifully portrayed in the 1940's movie, “The Bluebird of Happiness,” starring Shirley Temple.

Etheric retreats and cities fulfill the realization of the New Jerusalem seen by John the Beloved, and become a lodestone to anchor the consciousness of the City Foursquare on earth. The concept of universal Brotherhood permeates every relationship and divine love, wisdom and power are expressed through compassion, mutual respect and goodwill. In this octave, we know that “we are Gods,” as the scriptures state. We express our divine origin and prepare for permanent reunion with God in the ritual of the ascension.

*And once again the scene was chang'd,  
New earth there seem'd to be,  
I saw the Holy City  
Beside the tideless sea;  
The light of God was on its streets,  
The gates were open wide,  
And all who would might enter,  
And no one was denied.  
No need of moon or stars by night,  
Or sun to shine by day,  
It was the new Jerusalem,  
That would not pass away.*

*- Frederick Weatherly*

## *Angels*

Angels are angles of God's consciousness. There are many kinds of angels in the heaven world, from the healing seraphim to the flaming cherubim, and from the mighty archangels to their ministering angels. The retreats below are the retreats of the seven archangels, where many legions of angels gather, and two other angelic retreats.

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CATHEDRAL OF THE VIOLET FLAME, Colorado 31

## *Ascended Masters*

The ascended masters are our elder brothers and sisters, in a spiritual sense. Most walked the earth in past or recent ages. Through good works and devotion to God, they balanced their karma, fulfilled their spiritual mission, earned their ascension and no longer have to reincarnate. The ascended masters listed below invite us to their retreats to learn what they have mastered.

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## *Elohim*

The seven mighty Elohim and their divine complements are builders of worlds. In the Kabbalistic tradition, the name Elohim means “strong, mighty, foremost, God over all other gods, ruler over the affairs of men and nature.” Below are the retreats of the Elohim on this planet.

HERCULES AND AMAZONIA, Retreat over Half Dome,  
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## *Retreat of Archangel Michael and Faith*

Archangel Michael is known as the Prince of the Archangels and serves on the blue ray of God's will, protection and faith. His retreat and that of his complement, Archangel Faith, is the Temple of Faith and Protection located over Lake Louise in Banff National Park, Alberta, Canada. Here, legions of angels of blue lightning and protection assemble to serve mankind. The retreat is a round, gold and sapphire-studded temple, surrounded by beautiful gardens. An entrance on each of the four cardinal points is marked by a gigantic golden door and forty nine steps lead up to it. Inside the temple are concentric rows of seats and two balconies for standing room only, that accommodate thousands of angels at a time. The blue flame of God's will pulses on the altar beneath a dome ceiling formed of diamonds. Archangel Michael encourages us to come to his retreat to learn how to reclaim the consciousness of the Father that was usurped through the fall of Lucifer. He seeks to charge our beings with the flame of God's will, power, protection, and faith so we can overcome the human tendency towards criticism, condemnation and judgment.



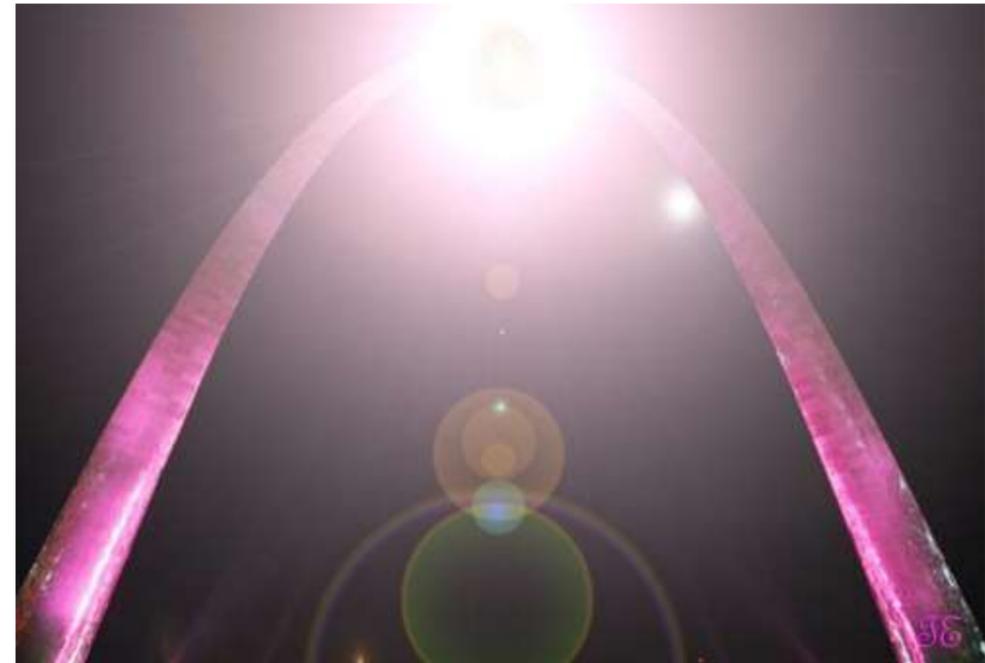
*Retreat of  
Archangel Jophiel and Christine*

Archangel Jophiel and Christine are the archangels of the yellow ray of God's wisdom. Their retreat over the Great Wall of China near Lanchow focuses the golden flame of illumination that was anchored in ancient China through Confucius, Lao Tzu and other Chinese masters. Archangel Jophiel invites students to come to his retreat to study cosmic law and to connect with our higher self by educating our heart, mind and soul. He teaches us how to become fiercely loyal to God.



## *Retreat of Archangel Chamuel and Charity*

Archangel Chamuel and Charity, archangels of love, the pink ray, have an etheric retreat over the city of St. Louis, Missouri called the Temple of the Crystal Pink Flame. From this temple, they radiate an immense flow of divine love and creativity to the entire hemisphere and arc these energies to the retreat of the Elohim Heros and Amora over Lake Winnipeg. Such spiritual action promotes generosity of heart and the flame of adoration in all who will receive it. Archangel Chamuel and Charity invite students to come to their retreat to expand loving-kindness. Here, they teach absolute trust in the ultimate resolution that divine love can bring into daily affairs and family situations.



## *Retreat of Archangel Gabriel and Hope*

Archangel Gabriel and Hope are the archangels of purity and of the white ray of God. Their ancient retreat, located in California between Sacramento and Mount Shasta, has radiated the flame of purity in a concentrated action since before the sinking of Lemuria. Archangel Gabriel and Hope invite students to come to their retreat to learn how to hold the immaculate concept for each one's God-design and divine purpose, in the flame of hope. Gabriel also teaches students on strategies of light and darkness, and on how to connect with ascended beings by raising our human consciousness to the level of the Christ.



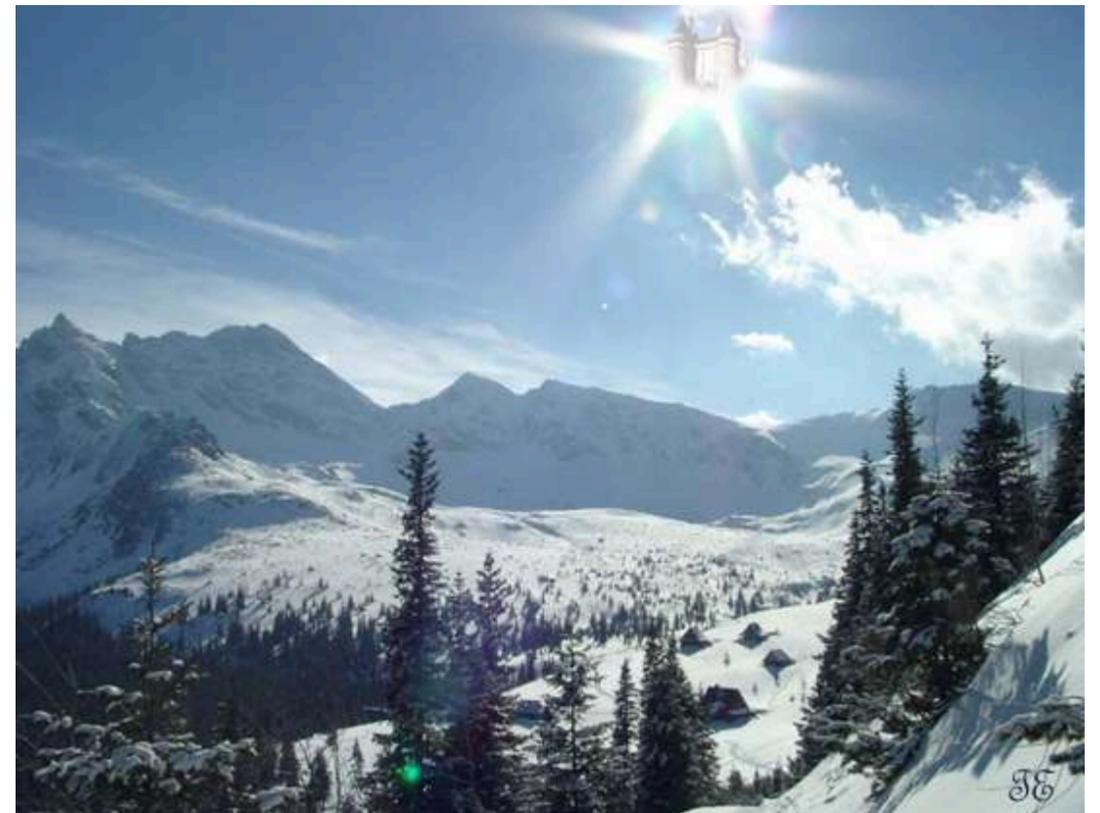
## *Retreat of Archangel Raphael and Mother Mary*

Archangel Raphael and Mother Mary are archangels of healing and the emerald ray of God. Mother Mary is also known as the Queen of Heaven, and she is the only archangel who incarnated into physical form. Mother Mary and Archangel Raphael's retreat is located over Fatima in Portugal. The healing flame of their retreat flows like a waterfall onto the healing waters of Fatima. One of the most beautiful halls of the retreat is the Great Hall of Images, with statues of living spirit fire. Students and expecting parents are invited to come to this retreat to meditate on these perfect Christic forms.



*Retreat of  
Archangel Uriel and Aurora*

Archangel Uriel and Aurora, archangels of judgment and peace, have a retreat over the Tatra Mountains in Poland. Here legions of Peace minister to mankind, binding and judging fallen angels and engines of war. They defend the emerging Christ consciousness in man and in nature. Archangel Uriel invites us to come to his retreat to increase the flame of peace in our nature for renewed balance and equanimity in challenging situations.



Archangel Zadkiel and Holy Amethyst, archangels of God's violet flame of freedom, have a retreat over the islands of Cuba known as the Temple of Purification. This retreat was physical before the sinking of Atlantis. Here, students can receive the alchemical training of ancient priests and priestesses known as the Order of Melchizedek. The Temple of Purification releases the violet flame of freedom, forgiveness and transmutation to the planet, from a central temple and six minor temples. The central temple is a round edifice with a gold dome where the violet flame of freedom blazes, midst amethyst crystals. Archangel Zadkiel invites students to come to the Temple of Purification to learn the true meaning of spiritual freedom.

## *Retreat of Archangel Zadkiel and Holy Amethyst*



The Jade Temple in China is the retreat of the Angel Deva of the Jade Temple. The retreat focuses the flame of healing through the element of jade. The healing flame glows through the walls of the Jade Room and emanates a sense of stillness and peace. A statue of a jade Buddha sitting in a lotus posture holds a healing flame in his hands. The Angel Deva of the Jade Temple invites us to come to his retreat to become one with our divine self and Mighty I AM Presence.

## *Retreat of the Angel Deva of the Jade Temple*



The Cathedral of the Violet Flame in the Rocky Mountains is attended by violet flame angels and by priests and priestesses of the Violet Planet. Elemental life and all lightbearers are invited to come and be cleared of human burdens and densities. The cathedral focuses jewels and amethysts that crystallize the violet flame. On the altar is a focus of jade that anchors the healing light of the Angel Deva of the Jade Temple.

## *Cathedral of the Violet Flame*



The ascended master El Morya is the chohan of God's Will, the blue ray. He welcomes students to his retreat over Mount Kachenjunga in Darjeeling, India, at the Temple of Good Will. This radiant white marble temple of Moorish construction has minarets and a beautiful dome lined with pale blue. On the first floor is a light blue diamond that releases a white flame as a focus of the diamond heart. On the second floor are libraries, El Morya's study, and additional council chambers. On the third floor are found engravings of blue lotuses and forget-me-nots, the Master's favorite flower. Here, the Brothers of the Diamond Heart compassionately work with El Morya to infuse God's will into human endeavors and matters of state. This is also where many community and even world leaders attend in their finer bodies during sleep to be charged with a renewed sense of purpose.

In 1928, Nicholas Roerich, now ascended, alluded to this retreat in his travel notes, published in the book Shamballa. "In the foothills of the Himalayas, there are many caves. And it is said that from these caves, subterranean passages proceed far below Kinchenjunga. Some have even seen the stone door which has never been opened, because the date has not yet arrived. The deep passages proceed to the "Splendid Valley."

## *Retreat of El Morya Darjeeling*



The ascended master El Morya focuses the Will of God in North America through his retreat in El Capitan, a mountain in Yosemite National Park. El Morya's principal retreat is the Temple of Good Will in Darjeeling, India.

## *El Morya, El Capitan Retreat*



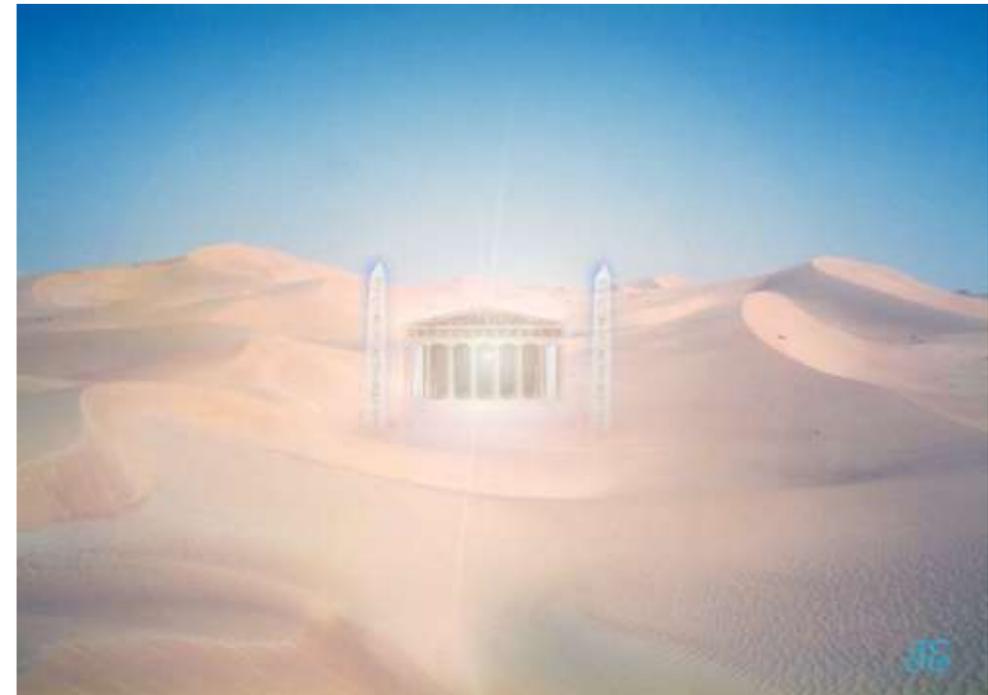
The ascended master Paul the Venetian is the chohan of love, the pink ray. His retreat is the Chateau de la Liberte on the Rhone Valley in Southern France. The etheric retreat is congruent with a French chateau and extends beyond the property. On the castle grounds are fragrant roses, fountains, marble columns and ponds with water lilies. The retreat is a shrine to beauty and love. Students come to pursue art and culture in their finer bodies in many classrooms where great works of art are displayed. They create a self portrait that they hone from time to time, as their consciousness accelerates. A painting of the Holy Trinity created by the master with the inscription, “perfect love casts out all fear” emits a tremendous action of the Holy Spirit. In the Flame Room shines the threefold flame of love, wisdom and power as brightly as the sun, imparting to students the true meaning of liberty.

*Paul the Venetian*  
*Chateau de la Liberté*



The Arabian Retreat is comprised of many buildings that were hermetically sealed by the masters before a cataclysm covered them 125 feet under the sands of the Arabian Desert. The retreat has a chamber 300 feet high with large columns decorated with hieroglyphs, as well as adjoining council chambers, all resembling a greco-roman style of architecture. The retreat also contains a television chamber and a radio chamber, where any event on earth can be observed or heard at any time. In a chemical laboratory, students learn how to create antidotes to germ warfare. In other chambers, records of previous civilizations are kept and students learn to use the seven rays of God for the blessing of mankind. The retreat focuses the flame of peace. Jesus is in charge of this retreat and serves there with Lady Master Nada and legions of Peace.

## *Jesus and Nada's Arabian Retreat*



Lady Master Nada has a retreat over New Bedford, Massachusetts near Cape Cod. This retreat, known as the Rose Temple, follows the pattern of a Rose with each petal representing a flame of love. In the center of this retreat burns a flame of love that once burned in the Temple of Love on Atlantis, before the sinking of that continent. From this retreat, it radiates divine love and healing to the entire planet. Nada invites students to come to her retreat to study divine justice and public service. She teaches us how to become our brother's keeper and how to unfold the sensitivity of the heart.

## *Nada's Rose Temple*



The ascended master Serapis Bey presides over the retreat at Luxor, which focuses the ascension flame through the Ascension Temple. The etheric retreat is congruent with the ruins of a magnificent building and courtyard built by Ramses II in Luxor, and with a pyramid a few miles away. The retreat of Luxor is known for intense disciplines that mark the death of the human ego to prepare the soul for permanent reunion with God. In the upper room of the pyramid is the king's chamber, where students experience the initiations of the transfiguration and the resurrection. The ascension flame in the Ascension Temple was carried by Serapis Bey from Atlantis before the sinking of that continent. Here, the Council of Adepts conduct the last judgment of candidates for the ascension. Only after all initiations are passed does a candidate enter the flame room for the ascension ritual. At the given time, the candidate's cosmic tone is sounded and the flame of Alpha descends from the ceiling while the flame of Omega rises from the floor. As the soul begins to ascend, seraphim trumpet the most beautiful rendition of the Triumphal March, which was captured by Verdi in the opera, *Aida*.

## *Serapis Bey's Ascension Temple*



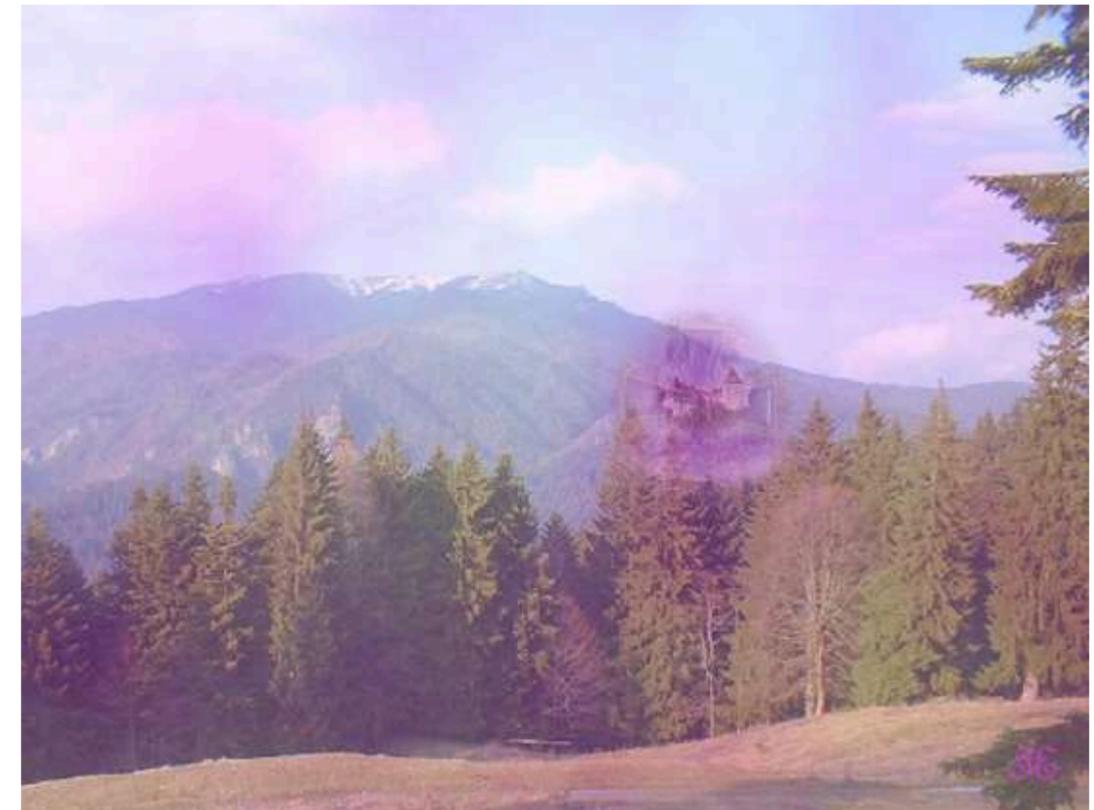
The ascended master Saint Germain has a North American Retreat at Table Mountain in Wyoming called the Cave of Symbols. A cave in the mountain lined with pink and white crystal gives way to a gigantic chamber covered with rainbow colored stalactites that form occult symbols in divine geometry. Many inventions to better mankind's evolution are created in the laboratories that exist within this retreat. A radio created by the ascended lady master Leonora permits communication with other planets in this solar system. One of the highlights of the retreat is a golden chair known as the atomic accelerator, through which pass electronic currents to quicken the light frequency of a student's atoms and electrons. The retreat also has a cosmic mirror that reflects the cause and effect of all past lives to students who are taken before it. The action of the sacred fire in a spherical room known as the Sphere of Light prepares students for their ascension.

## *Saint Germain's Cave of Symbols*



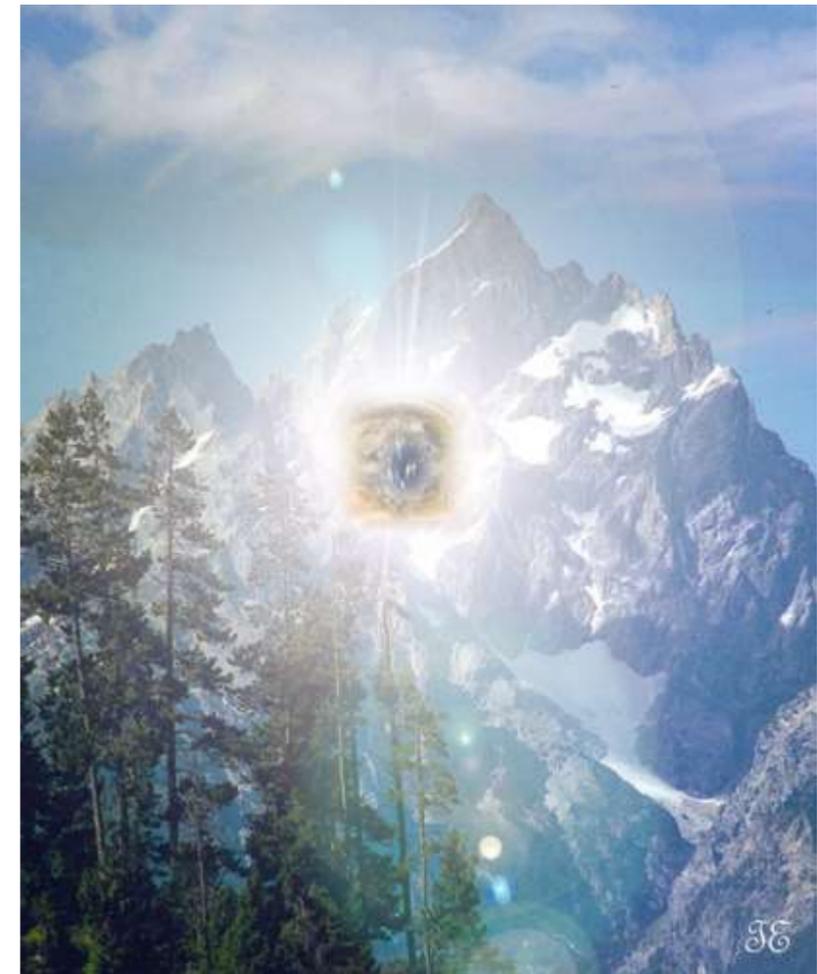
*Saint Germain's Temple of the  
Maltese Cross (Rakoczy Mansion)*

The Rakoczy Mansion and the Temple of the Maltese Cross are retreats of the Ascended Master Saint Germain and the Great Divine Director in the Carpathian Mountains of Transylvania, Romania. The retreat is a medieval castle hidden by a forest. In the large flame room, the violet flame of freedom blazes strong. The Temple of the Maltese Cross is an etheric retreat over the castle in the shape of a Maltese cross, where records of past civilizations and plans for future golden ages are maintained. Here, students are taught divine alchemy and the consuming of past negative records through the violet transmuting flame.



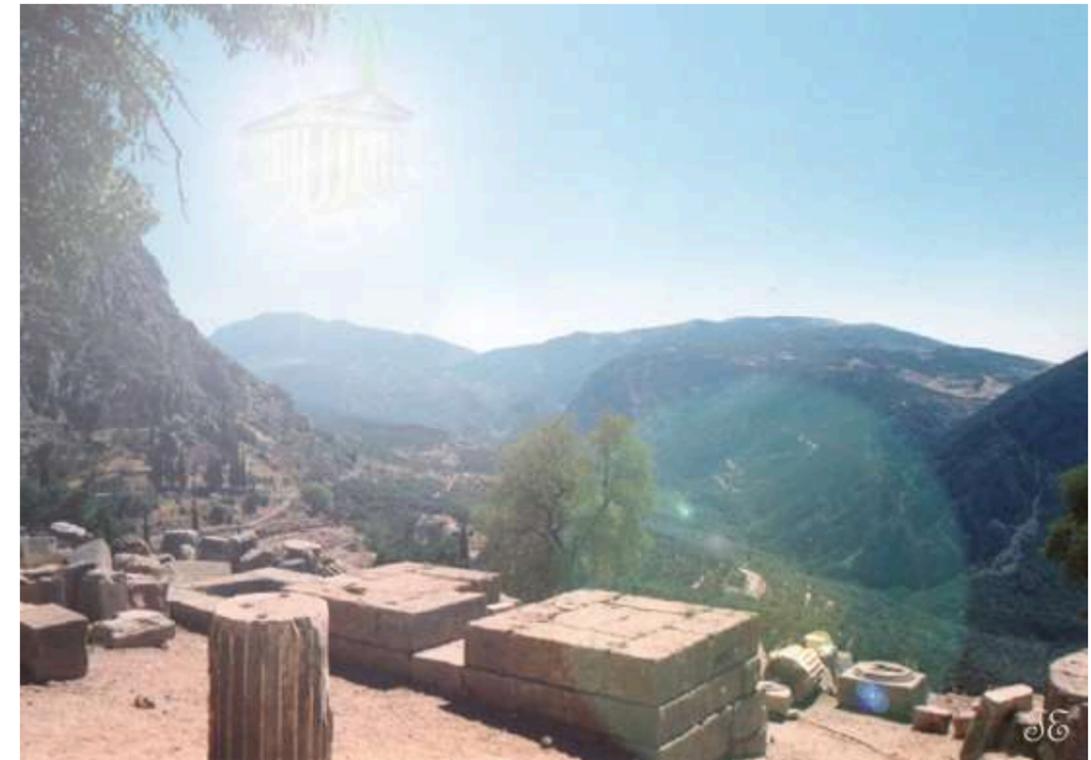
The Royal Teton Retreat is the largest retreat in North America. It is the retreat of Lord Lanto, Chohan of wisdom's yellow ray, and Confucius. The Lords of Karma also meet here during winter and summer solstice to release new dispensations from Alpha and Omega and to respond to good will petitions from students of the light. The retreat, congruent with the Grand Teton in Wyoming, releases the flame of divine illumination and the light of the divine mother to the entire planet. It is accessed through great bronze doors hidden behind boulders. Upon entering, a magnificent jeweled tapestry anchors the power of the sun. On the ceiling of the great council hall is a brilliant disc with a seven pointed star made of yellow diamonds, and seven smaller discs that correspond to the chakras of man. Through these focuses, the Elohim release mighty light rays to mankind and to elemental life. There is a focus of the all seeing eye of God and on another wall is a mirror-like substance through which the masters project the akashic records of earth's history and future portents. The retreat safeguards gold and jewels from earlier civilizations, as well as astounding musical instruments and scientific inventions that will someday be released to the outer world. Thousands of people attend this retreat while sleeping at night to pursue divine wisdom.

## *Lord Lanto's Royal Teton Retreat*



The ascended master Hilarion, chohan of God's ray of healing and truth has a retreat over the island of Crete where he serves with Pallas Athena, Goddess of Truth. This retreat, known as the Temple of Truth, instructs students on all matters pertaining to cosmic truth, mathematics, music, the science of precipitation and healing. Here, the Brotherhood of Truth sponsors all who would become emissaries of truth in every field. The columned temple has long marble steps like the Parthenon and many classrooms. On the central altar, the vibrant green flame of truth blazes. Hilarion invites students to come to his retreat to learn to become "fishers of men" as he learned in his embodiment as Saint Paul.

## *Pallas Athena's Temple of Truth*



Surya and Cuzco's retreat in Fiji, The Sacred Retreat of the Blue Flame, anchors the magnetic power of the God-star Sirius on Earth. The entire retreat is within the mountains and beneath the crystal blue waters northeast of Viti Levu. The retreat anchors the intense blue and pink flames of the power of love and has such a specialized function that only advanced initiates in physics and magnetic science are permitted to enter. Here, they work with ascended masters and cosmic instruments to maintain the spiritual and physical equilibrium of the earth and to ward off cataclysm. Cuzco invites us to call upon these masters for assistance with any matter pertaining to earth and climatic changes.

## *Surya and Cuzco's Retreat*



The Cathedral of Nature is a retreat of the ascended master Kuthumi in Kashmir. Here, he serves with the Brothers of the Golden Robe. The massive center hall and dome resemble white marble and radiate the flame of illumined peace. On marble benches around the hall, masters gather with their disciples. Here, Gautama Buddha, Jesus and Kuthumi teach. In an adjacent room, Brothers of the Golden Robe come to meditate on and multiply the action of the flame of illumination focused in this retreat. Kuthumi invites students to come to his retreat and join the order of the Brothers of the Golden Robe.

## *Kuthumi's Cathedral of Nature*



The ascended master Kuthumi has a retreat over Shigatse, Tibet. His main retreat is the Cathedral of Nature in Kashmir. Here, he plays a grand organ that is attuned to the sacred music of the spheres. Through this service, he assists souls who have passed on so they can attune to the retreats of the Great White Brotherhood and prepare for reembodiment.

## *Kuthumi's Shigatse Retreat*



The ascended master Lanello has a retreat on the Rhine River near Bingen. It is a haven for the child of the heart, complete with gardens, lilies, swings and fairy gardens. Waters in a special fountain are touched by angels every twenty four hours and charged with the Holy Spirit of Alpha and Omega. Lanello invites us to come to his retreat to be refreshed, recharged and to learn about our divine plan. Courses are held to assist students to consciously serve with the Great White Brotherhood.

## *Lanello's Retreat*



## *Great Divine Director's Cave of Light*

The Cave of Light is the retreat of the Great Divine Director in the Himalayas. Here, the master prepares and accelerates students for the ascension, by purifying their four lower bodies so they can render a cosmic service to the world prior to their ascension. Students who receive this assistance are often able to perform miracles, alchemical feats and command elemental life. The retreat contains magnificent focuses of light and many ascended masters spend time there. The Great Divine Director invites us to come to his retreat and asks us to prepare by surrendering our consciousness to the will of God and seeking divine direction for our lives.



The ascended master Eriel has a retreat over the state of Arizona, not far from the Arizona deserts. Here students learn the science of the light and sound rays and practice all-oneness with God. Eriel's retreat specifically ministers to children who have suddenly passed on and need to adjust to the etheric plane. These children learn to develop an aspect of their divine plan in preparation for reincarnation. Eriel also works with legions of purple flame angels.

## *Eriel's Retreat for Children*



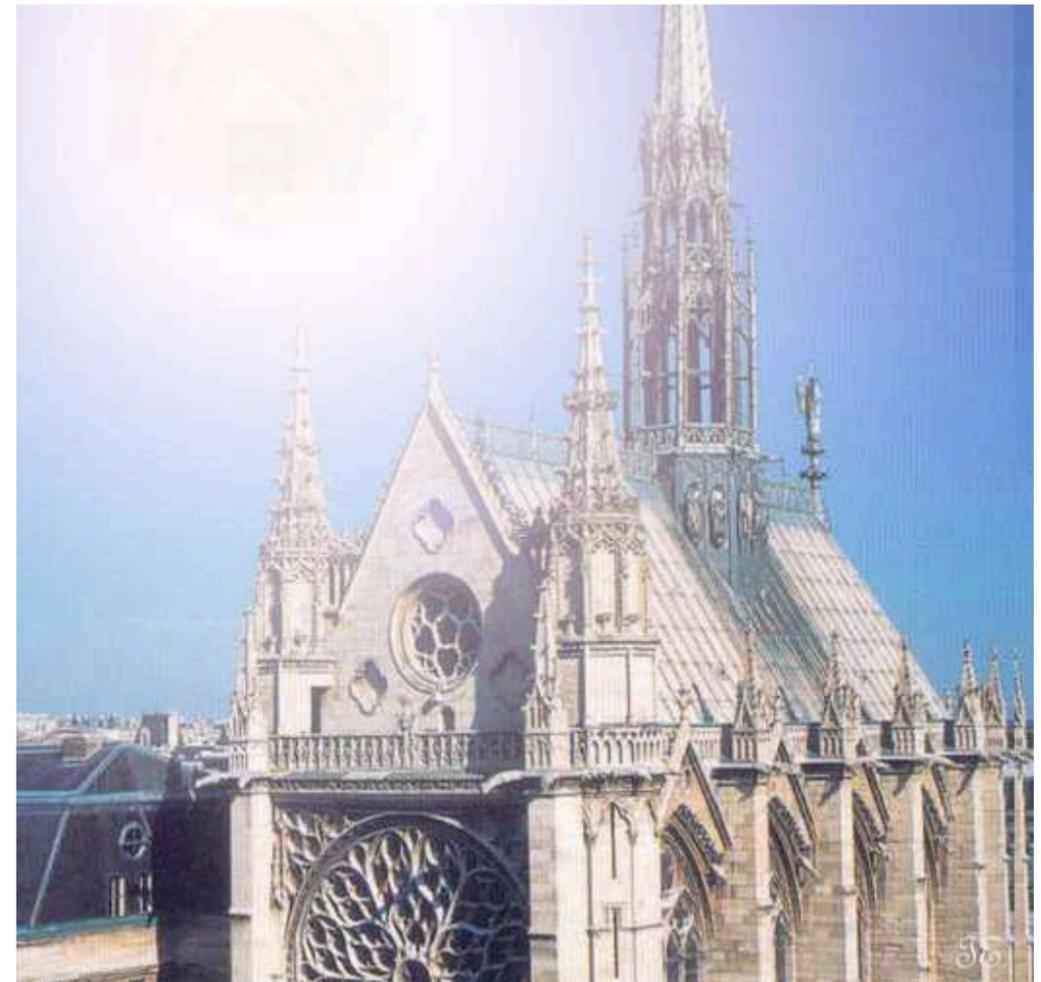
The retreat of the ascended master John the Beloved over the Arizona Desert radiates the purple and gold flame of ministration and service to the Western Hemisphere and throughout the world. The action of this retreat is a great cup of Christ love that John the Beloved received from Jesus in his incarnation as the apostle John. The master invites students to come to his retreat and learn the mastery of fire, air, water and earth through divine love.

## *Retreat of John the Beloved*



The Master of Paris has an etheric retreat over the heart of Paris, l'Île de la Cité. La Sainte Chapelle, a church in the center of the island with beautiful stained glass windows is the outer focus for the retreat. The Master of Paris also maintains a physical focus in the city of Paris. The retreat of the Master of Paris radiates the violet flame of freedom, to help transmute the obstacles to pure love. Here, the ascended masters meet in the Council of Paris to help hold a spiritual balance for the governments of Europe.

## *Retreat of the Master of Paris*



The ascended master Dwal Kul is a master of love. His etheric retreat in Tibet focuses illumination to assist the consciousness of India and the masters of the Himalayas. Dwal Kul invites us to attend his retreat to study divine yoga, the science of reunion with God. Here, we study the human aura and meditate on the secret chamber of the heart, so that we can infuse divine love into everything we do. Dwal Kul also teaches students the cosmic clock, a higher astrology of the ascended masters, and how to invoke the flames of God to surmount negative karmic conditions.

## *Dwal Kul's Retreat*



Jesus and Mother Mary maintain a retreat over the city of Jerusalem known as the Resurrection Temple. This retreat focuses the mother-of-pearl resurrection flame in a round building with two wings, surrounded by a field of lilies. This focus of resurrection fire over the Holy Land prepares students for the ascension ritual and raises the energies of mankind to a more spiritual place. Students are invited to come to this retreat to learn how to balance the threefold flame in the heart and to align their four lower bodies in preparation for the ascension.

## *The Resurrection Temple*



The ascended master Chananda and his sister, lady master Najah, maintain an etheric retreat in a valley of the Himalayas, the Palace of Light. This retreat is a magnificent four-story white edifice with a great dome and rooms inlaid with violet and gold. In the retreat is a music room, an observatory with scientific instruments not seen in the world, and science laboratories. Here, the Indian Council meets to help hold the balance for the spiritual destiny of India and to further the principles of God-government on Earth.

## *Chananda's Palace of Light*



The Buddha Maitreya has an etheric retreat of in the Himalayas, where he invites students to come on wings of harmony to receive higher initiations. In a large chapel of white marble, the flame of purity blazes and a large figure of Kuan Yin rests upon the altar, attended by “cosmic monks.” Students who come to Maitreya's retreat receive ancient mystery school training through the illumination of the Christ and the strength of the Word for the mastery of the sacred fire. They may be given the initiations of the Buddha and are expected to express loving kindness in their interactions with one another

## *Maitreya's Himalayan Retreat*



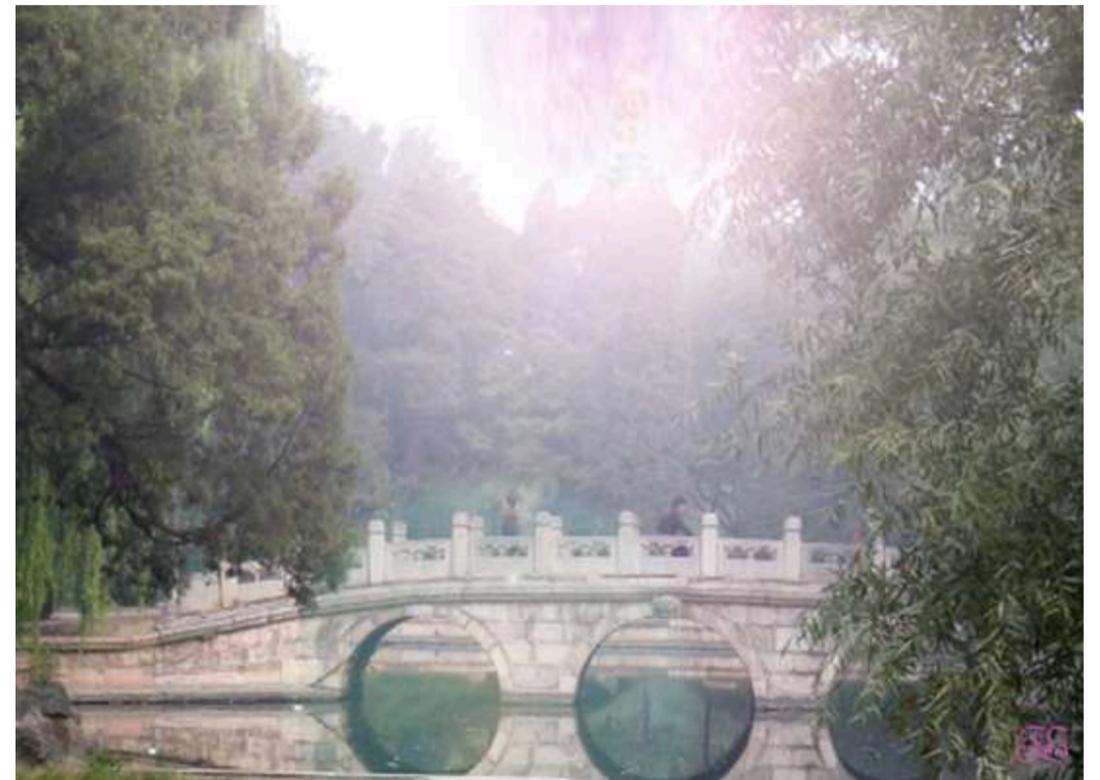
The Buddha Maitreya has a secondary retreat over Tientsin, China's third largest city, where he radiates the flame of kindness. His main retreat is in the Himalayas.

## *Maitreya's Tientsin Retreat*



Kuan Yin, Goddess of Mercy, has a retreat over Beijing where a central golden-domed pagoda and twelve surrounding pagodas release mercy's violet flame to the entire planet. The cosmic sound that emanates from these twelve pagodas anchors the energies of yin and yang and have influenced classical oriental music. The central pagoda is six stories high with many classrooms and council chambers, where the brothers and sisters of mercy serve souls in need of compassion and forgiveness. On the ivory altar of the central pagoda blazes mercy's flame, nourishing souls to keep on keeping on in an upward spiral, in spite of the weight of their karma.

## *Kuan Yin's Temple of Mercy*



Lord Himalaya maintains a focus in the Himalayan mountains of Tibet, the Retreat of the Blue Lotus. This retreat anchors the energies of Alpha in the earth and encourages us to enter into deep concentration. Carved in one of the highest mountains are seven chambers, in an ascending pattern, several hundred feet apart. Each chamber focuses the divine vibration of one of the seven rays of God, as an outer manifestation of the seven chakras. In the floor of the base chamber lies a most fragrant lotus pool. Behind this pool is the flame room, where a fiery pattern of the threefold flame burns as a magnificent lotus with a golden center, blue petals and pink radiance. On the first floor or the retreat, unascended yogic masters come to study and teach the Great Law. Moving from one chamber to the other becomes a process of initiation. The first three chambers are accessible by mounting a spiral staircase. Only adepts can frequent the top four chambers, reserved for deep meditation, by means of levitation or by shifting their electronic pattern to enter through the walls. Here, they enter the Great Silence and go into Nirvana for a specific time. Lord Himalaya invites students who are disciplined in the Law to attend his retreat in order to reach the pinnacle of being.

## *Lord Himalaya's Retreat*



Amerissis Goddess of Light maintains a retreat in the Andes Mountains. This retreat, called the Shrine of Glory, softly radiates God-Harmony to the earth through the seven rainbow rays of God in glowing white light. Four pillars mark the portal of the Greco-Atlantean structure. In the main hall, a chandelier of white diamonds hangs from the ceiling and the vibration of the retreat is so intense that noise cannot register. The light anchored therein extends to the entire planet as a web of light, goading mankind to reconnect to their original Christic consciousness. Amerissis invites us to her retreat to accelerate our personal momentum of devotion to the light and to help souls at the time of transition. She also teaches students how to overcome their three greatest stumbling stones with their three greatest strengths.

## *Retreat of the Goddess of Light*



# *Retreat of the Goddess of Purity*

## *Madagascar*

The retreat of the Goddess of Purity on the island of Madagascar has existed for hundreds of thousands of years. Souls come here to study the fourth ray of God's purity. In the retreat is a replica of the diamond of identity of each soul destined to evolve on planet Earth. The retreat releases cosmic purity and Christ consciousness. It has a large central dome and four smaller domes where angels of purity minister to mankind. The Goddess of Purity invites students to come to her retreat to be cut free from the illusions of human creation, maya, glamour and karma, and to increase in Christ consciousness.



*Retreat of the Goddess of Purity*  
*San Francisco*

The Goddess of Purity has a focus over San Francisco, where one of seven of temples of Lemuria stood before the sinking of that continent. The retreat intensely radiates the Mother flame, the ascension flame and the flame of cosmic purity throughout the entire region.



*Retreat of the Queen of Light*  
*Sicily*

The Queen of Light has a retreat over the town of Messina on the island of Sicily. Here she anchors Divine Light with Amerissis, Goddess of Light through the crystal flame, the crystal prism and the crystal fire mist. Her legions wield the crystal sword to cut through mankind's densities and to free the children of the world.



The Goddess of Liberty has an extensive retreat with a central temple and twelve temples known as the Temple of the Sun. This powerful retreat over Manhattan has anchored the energies of the sun since the days of Atlantis. The main altar rests over the Statue of Liberty and radiates the threefold energy of God's love, wisdom and power and the golden pink glow ray of illuminating love. The Goddess of Liberty invites students to come to her retreat to be recharged, in the words of Emma Lazarus: "Give me your tired, your poor, your huddled masses yearning to be free, the wretched refuse of your teeming shore. Send these, the homeless, tempest tossed to me. I lift my lamp beside the golden door."

## *Retreat of the Goddess of Liberty*



The ascended Lady Master Meta has a healing retreat over New England. In this retreat, a flame of healing love that was on the altar of a healing temple on Atlantis thousands of years ago continues to burn, tended by priestesses of the sacred fire. The influence of this flame is made manifest in the many centers of healing and science of New England. Meta invites students to come to her retreat to learn the science of healing. She exposes false concepts and defines what is reality and truth. She also helps to anchor the crystal matrix for each child on earth.

## *Lady Master Meta's Retreat*



Lady Master Portia, Goddess of Justice and Opportunity, and twin flame of Saint Germain, maintains a retreat over Ghana, near Accra, that expands the violet flame of Freedom and God-Justice. The Freedom and Justice Arch in Accra is an outer focus of this retreat. Portia invites students to come to her retreat to master the four elements and the balance between thought and feeling, masculine and feminine, justice and mercy.

## *Lady Master Portia's Retreat*



Shamballa, the etheric retreat of Gautama Buddha and the ancient home of Sanat Kumara, is where Jesus ascended. The retreat, once physical on an island of the Gobi Sea, is now anchored in the etheric plane over the Gobi Desert. Here are the headquarters of the Great White Brotherhood on earth. In eastern tradition, Shamballa is the name of an earthly paradise somewhere between the Himalayas and the Gobi Desert. This was brought to the west as Shangri-la in the book by James Hilton, Lost Horizon, featured in the 1937 movie by the same name.

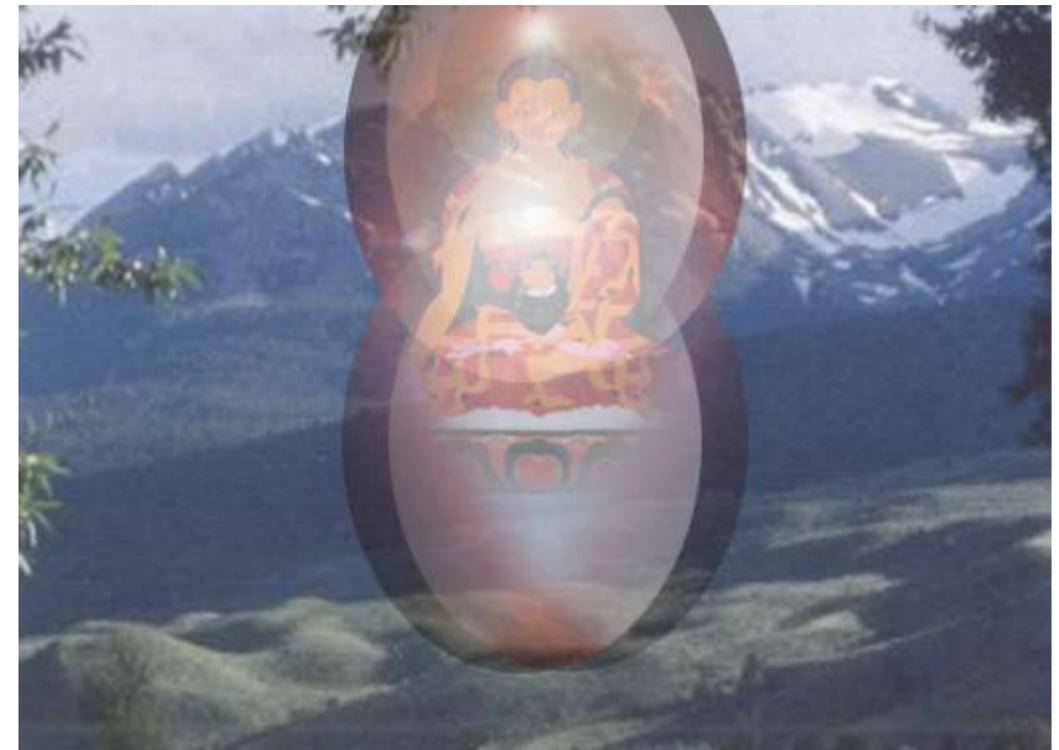
The main temple of Shamballa has a gold dome and is surrounded by fountains and seven minor temples, on a wide avenue lined with trees, flower and tropical birds. On the altar blazes the threefold pink, blue and gold flame of divine love, wisdom and power. The star of Sanat Kumara hangs on the ceiling above it. Sanat Kumara invites students to come to his retreat to learn the ruby ray initiations of sacrifice, surrender, selflessness and service through the four cosmic offices of the Lion, the Calf, the Man and the Flying Eagle.

## *Gautama Buddha's Retreat* *Shamballa*



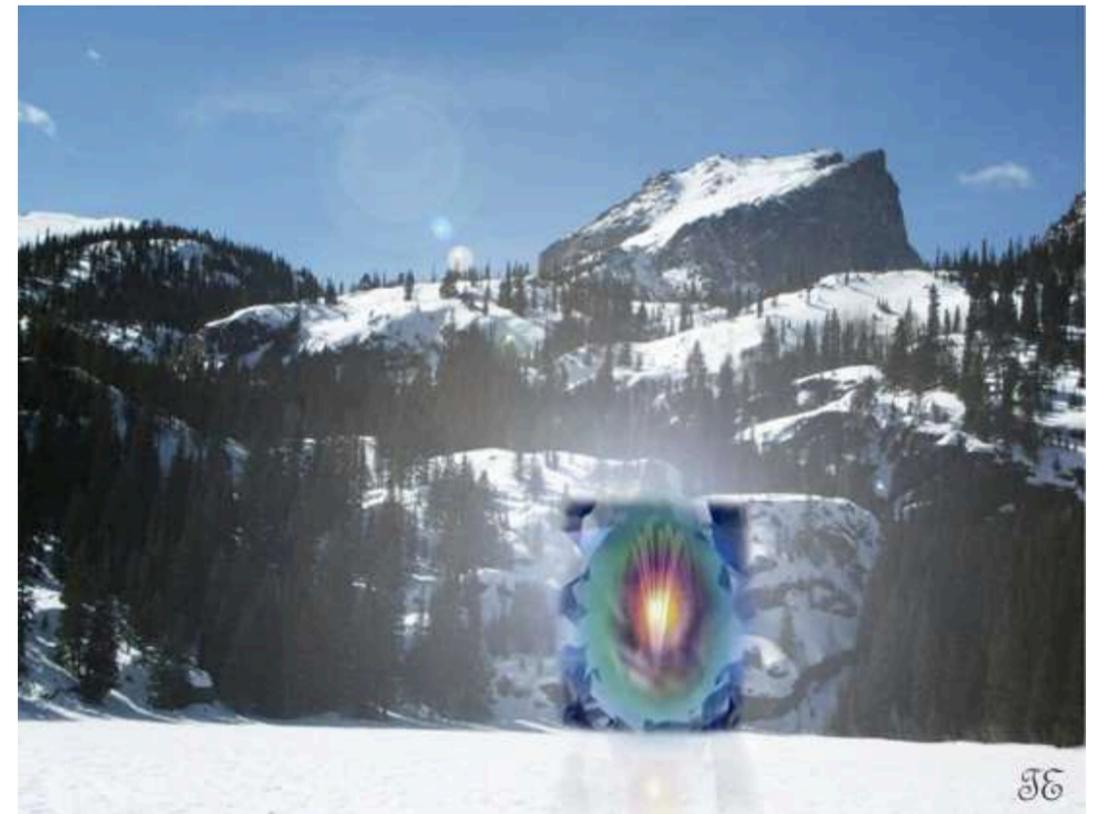
Gautama Buddha maintains a retreat over the Royal Teton Ranch on the northern edge of Yellowstone National Park known as the Western Shamballa. Here are arced the energies of the etheric retreat of Shamballa over the Gobi Desert, for the victory of the inner Christ and the inner Buddha in man, and for devotion to the Mother light. He invites students to come to his retreat to learn to overcome the temptations of Mara and to become “awake.”

## *Gautama Buddha's Retreat Western Shamballa*



The ascended master Lord Tabor, God of the Mountains, maintains a retreat in the Rocky Mountains with jeweled, rainbow colored, crystalline walls. The retreat radiates the seven rays of God into the world, and specifically the ray of protection for the sealing of the emerging Christ consciousness in the sons and daughters of God, the youth and in nature. The retreat also contains a focus of gold and ancient manuscripts on the laws of God.

## *Lord Tabor's Retreat*



The Maha Chohan, chohan of the eighth ray of integration and representative of the Holy Spirit, has a retreat in Sri Lanka known as the Temple of Comfort. The retreat is anchored in a large tea plantation. Portraits of the seven chohans hang on the wall, emanating their divine attributes. Here, the Maha Chohan meets with them to help direct events on earth. The comfort flame waxes strong on the altar and in an adjacent room, a white and golden-pink flame blazes in a crystal chalice lined with crystal doves. The action of these flames is bestowed by angels to all upon earth who yearn for comfort and purity. The Maha Chohan invites students to come to his retreat to learn how to receive the nine gifts of the Holy Spirit.

## *Retreat of the Maha Chohan*



Over Lake Titicaca lies the Temple of Illumination, the retreat of the God and Goddess Meru. In this beautiful white and gold Atlantean temple graced with columns, the feminine ray of Omega is anchored for the planet. The retreat is symbolized by a golden sun where the golden pink glow ray of God's loving wisdom shines forth. Here are many classrooms and council chambers that contain the records of ancient civilizations as well as the divine plan for the incoming seventh root race. Students are invited to come here during sleep to bask in the glow of illumination's flame and to learn how to become teachers of mankind. they are also invited to participate in a plan of cooperation between children, families and communities, whereby children are educated in the Word and the sacred heart, whereby parents, teachers and sponsors of children work together in community action and responsible citizenship, and whereby the music of the spheres is invoked to break down the forces of chaos.

## *Retreat of the God and Goddess Meru*



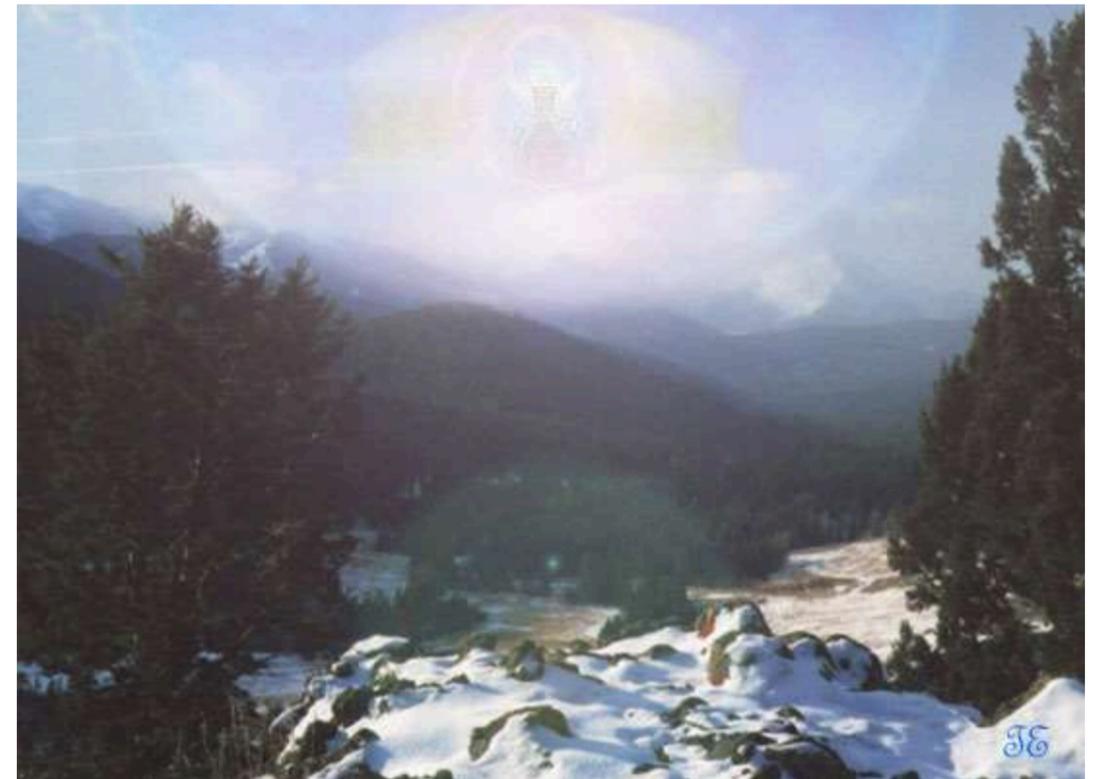
Vaivasvata Manu has a retreat in the Himalayas, where a special flame blazes that holds a pattern of Christ consciousness and magnetizes souls of the fifth root race. Here, souls of the fifth root race are invited to come learn of their unique divine plan and to be cut free from outer impediments that run counter to their mission on earth. By cultivating the virtue of absolute obedience to the Master, they can secure new patterns of loveliness, devotion and self mastery.

## *Retreat of Vaivasvata Manu*



The Retreat of the Divine Mother lies over the northern edge of Yellowstone National Park, over and beyond the Royal Teton Ranch. This retreat focuses the white fire, blue fire sun and the energies of the Divine Mother, specifically Lady Master Venus, twin flame of Sanat Kumara. In this vast retreat are many council chambers where students are invited to come. Here they can receive assistance from the ascended masters in working out problems that may arise in daily interactions with others.

## *Retreat of the Divine Mother*



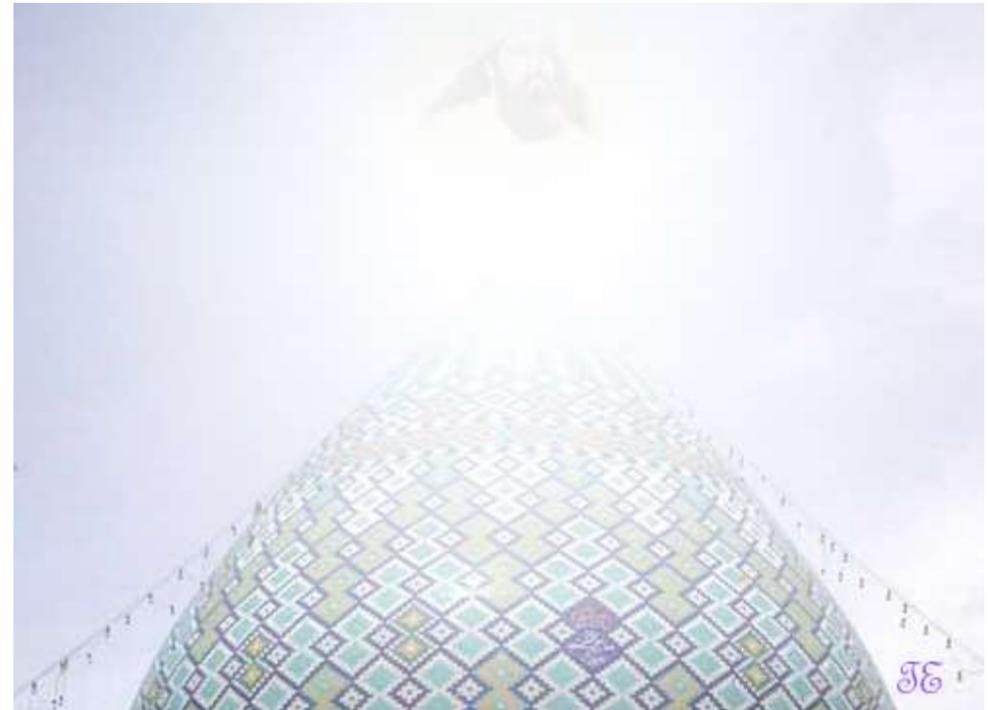
The Palace of White Marble is a retreat of the Great White Brotherhood in the Himalayas. The retreat has a gold dome and four minarets on each side of the building. It contains some of the most powerful focuses of the Great White Brotherhood on Earth. In a large meditation room are three flames of God and cosmic glyphs that radiate a God power so intense they cannot be gazed on by mortal eye. For this reason, students can only worship at this altar after their ascension.

## *The Palace of White Marble*



The Great White Brotherhood has a retreat in Persia, where students are invited to come study with the ascended master Cha Ara and learn the mysteries of the sacred fire and the path of Zarathustra. Students who receive this preparation are candidates to come to the mountain retreat of Zarathustra, a replica of the secret chamber of the heart at an undisclosed location.

## *Retreat of Cha Ara*



## *Retreat of Prince Oromasis*

Oromasis and Diana, hierarchs of the fire element, maintain an etheric retreat over an island in the Bering Sea off the Kamchatka Peninsula, that radiates purifying rainbow rays to the entire planet for the freedom of mankind and the liberation of elemental life. Here, they tend the sacred fire with priests and priestesses of the Order of Melchizedek. Oromasis and Diana invite students to come to their retreat and learn how to assist elemental life.



## *Rocky Mountain Retreat for Teenagers*

In the Rocky Mountains lies a special retreat specifically dedicated to minister to teenagers who have passed on with a violent or drug-related death. Here, they are assisted in making the transition into being out of the body. Loved ones can make specific prayers for these departed souls to be cut free to go to this retreat.



Hercules and Amazonia are the Elohim of God's will and blue ray. Hercules was the only Elohim who volunteered to tackle the challenges of Earth by incarnating into physical embodiment. Their retreat is superimposed over Half Dome in Yosemite National Park and radiates the sapphire blue flame of God's will to the entire planet. One enters the retreat through a large portal between two gigantic white pillars into an octagon-shaped hall. In the center of the retreat is a large blue-white diamond that intensifies the radiation of the Elohim. Students, masters, mighty angels and great teams of conquerors attend this retreat to focus the energies of the will of God in specific service to the Brotherhood of Light.

## *Retreat of the Elohim Hercules and Amazonia*



Apollo and Lumina are the Elohim of wisdom, the yellow ray. Through their retreat in southern Germany, they release tremendous waves of divine illumination and wisdom to the entire planet. On the outside of the retreat are three pillars that form a triangle, and focus a yellow star. The retreat has three levels, with a meditation room on each level, that can welcome one thousand angels. In the meditation room on the first floor is a golden yellow ball that looks like a whirling galaxy. On the next level is a sphere of sapphire blue, and on the top level, another yellow sphere. The retreat also holds classrooms, laboratories, libraries and archives. Students are invited to come here to quicken the “mind of God” and the seven aspects of the Christ mind within them, in order to help anchor a golden age through illumined and intelligent action.

## *Retreat of the Elohim Apollo and Lumina*



Heros and Amora are the Elohim of the third ray. They focus the pink flame of God's love from their retreat over Lake Winnipeg in Manitoba, Canada for the entire planet, and guide the destiny of North and South America. The temple follows the pattern of a budding lotus flower. The retreat has four levels and the throne of Elohim is on the top level. Beautiful sculptures adorn this retreat and universally convey the laws of divine love as the connecting power of the microcosm and the macrocosm. Heros and Amora invite us to come to their retreat to learn to challenge and overcome all forces of anti-love that oppose our spiritual reunion with our Christ Self and with our beloved twin flame.

## *Retreat of the Elohim Heros and Amora*



Purity and Astrea are the Elohim of purity, the white ray. Their retreat over the Gulf of Archangel in the Russian White Sea radiates God-Purity to the entire planet. Students enter the retreat through a large white pyramid above ground. Three spires rise on the side and above the pyramid, focusing the pink, yellow and blue flames of love, wisdom and power. A staircase takes us down to a large hall with a fountain of cosmic purity as bright as the sun itself. More flights of stairs take us to the Hall of Elohim and other rooms and classrooms. In a room with a sapphire blue radiance is a whirling circle and sword of blue flame with an intensity that cuts through all negative human creation. Students are invited to come to this retreat to learn to use the circle and sword of blue flame to cut themselves and their loved ones free of all manners of addictions blocking their spiritual progress.

## *Retreat of the Elohim Purity and Astrea*



Cyclopea and Virginia are the Elohim of vision, precipitation, music and healing, gifts that correspond to the emerald ray. Their retreat in the Altai range where China, Siberia and Mongolia meet, focuses the emerald ray and radiates divine vision and cosmic science to the entire planet. The retreat has a large emerald crystal front that resembles a church with three steeples. The central room with a vaulted ceiling and six crystal green pillars sustains a focus of the all seeing eye of God within a triangle. An adjacent room anchors the flame of green and gold for precipitation. An indoor garden features magnificent flowers and tropical birds. Cyclopea and Virginia invite us to come to their retreat to regain wholeness by anchoring the single-eyed spiritual vision that was lost when mankind embraced the concepts of duality and relativity, and by learning how to correctly use our power of creativity to fulfill our divine plan.

## *Retreat of the Elohim Cyclopea and Virginia*



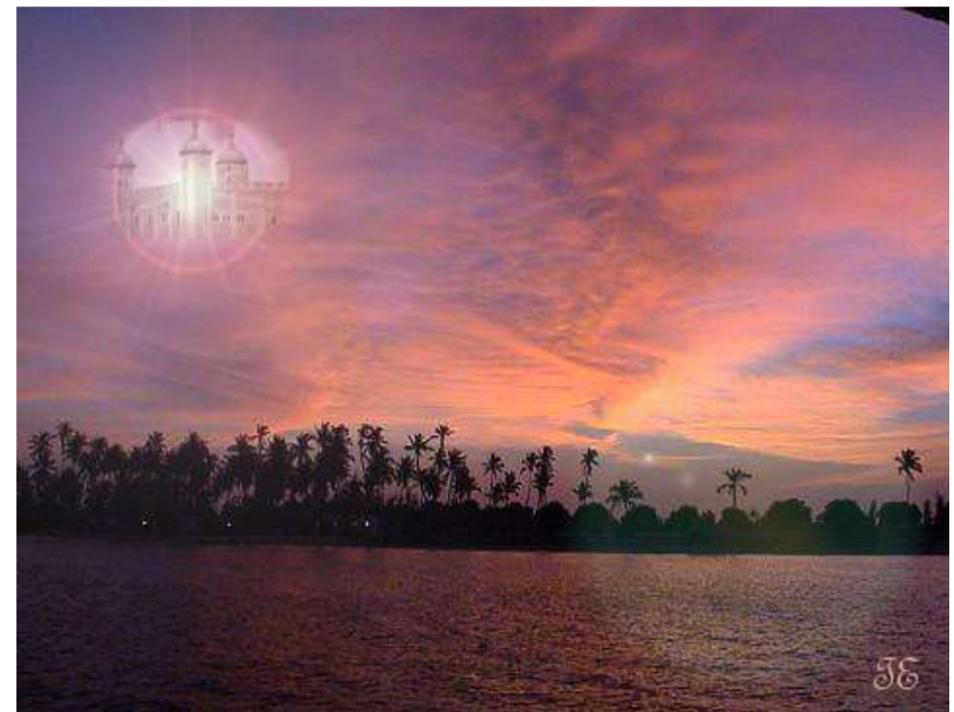
The Elohim Peace and Aloha , elohim of peace and God's purple and gold ray, have a retreat over the Hawaiian islands, the Temple of Peace. The purple and gold flames that emanate from this temple in concentric heart-shaped rings release the flame of peace that Jesus invoked when he calmed the raging sea with his fiat, "Peace, be still." In the main edifice graced with circular walls and white pillars is the Great Hall of Peace, where the flame of peace burns. Surrounding the altar are anchored the secret rays of God. The Elohim Peace and Aloha invite students to come to their retreat and to learn how to become like Saint Francis, instruments of peace.

## *Retreat of the Elohim Peace and Aloha*



Arcturus and Victoria are the Elohim of freedom, the violet ray. Through their retreat near Luanda, Angola, they release the violet, purple and pink flames of mercy, forgiveness, transmutation and freedom for the entire planet, as a giant fiery pillar. The retreat resembles a fortress with towers like the Tower of London made of rough purple stone. The council chambers on the inside also have vibrant purple hues. Many angels and elementals attend and serve in this retreat. Students are invited to come to this retreat to learn how to use the violet flame to overcome difficult situations on a personal and planetary scale, and to transmute darkness into light.

## *Retreat of the Elohim Arcturus and Victoria*



## *Sunday*

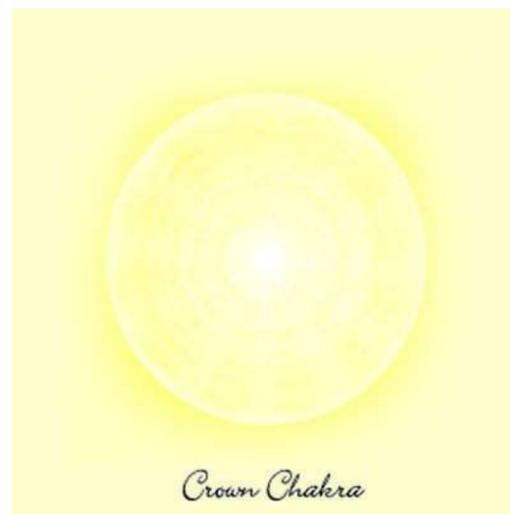
Sunday focuses the vibration of God known as the second ray. We anchor wisdom and illumination through the color yellow and the crown chakra. To increase in soul wisdom and illumination, we are invited to attend these retreats:

Archangel Jophiel and Christine,  
Retreat of the Archangels of the Second Ray

Appolo and Lumina,  
Retreat of the Elohim of the Second Ray

Royal Teton Retreat, Retreat of Lord Lanto,  
Chohan of the Second Ray

Cathedral of Nature,  
Brothers of the Golden Robe



## *Monday*

Monday focuses the vibration of God known as the third ray. We anchor love and creativity through the color pink and the heart chakra. To increase in soul creativity and in the ability to love, we are invited to attend these retreats:

Archangel Chamuel and Charity,  
Temple of the Crystal Pink Flame

Heros and Amora,  
Retreat of the Elohim of the Third Ray

Chateau de la Liberte,  
Retreat of Paul the Venetian, Chohan of the Third Ray

Temple of the Sun,  
Retreat of the Goddess of Liberty



## *Tuesday*

Tuesday focuses the vibration of God known as the first ray. We anchor faith, protection and good will through the color blue and the throat chakra. To increase in faith and attunement with the Will of God, we are invited to attend these retreats:

*Temple of Faith and Protection,  
retreat of Archangel Michael and Faith,  
archangels of the First Ray*

*Retreat of Hercules and Amazonia,  
retreat of the Elohim of the First Ray*

*Temple of Good Will, Retreat of El Morya,  
Chohan of the First Ray*



*Throat Chakra*

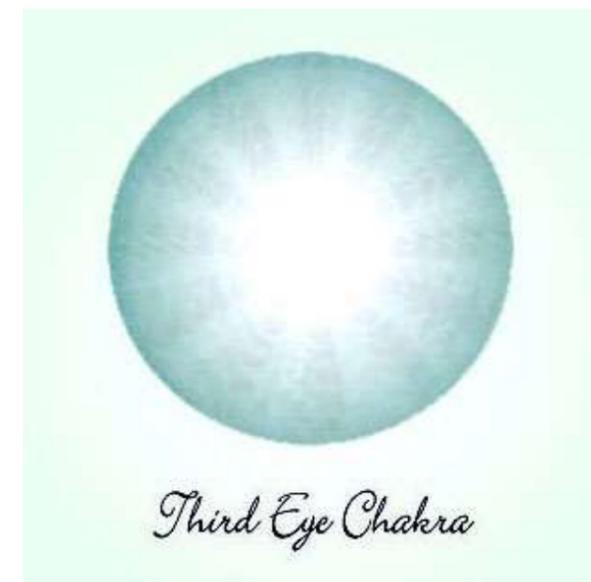
## *Wednesday*

Wednesday focuses the vibration of God known as the fifth ray. We anchor truth, healing and abundance through the emerald green color and the third eye chakra. To increase in our ability to heal and be healed, and to anchor divine vision, we are invited to attend these retreats:

*Retreat of the Archangel Raphael and Mother Mary,  
Archangels of the Fifth Ray*

*Retreat of Cyclopea and Virginia,  
Elohim of the Fifth Ray*

*Temple of Truth,  
Retreat of Hilarion,  
Chohan of the First Ray and Pallas Athena*



*Third Eye Chakra*

## *Thursday*

Thursday focuses the vibration of God known as the sixth ray. We anchor peace, ministration and service through the color purple speckled with gold and through the solar plexus chakra, focus of the sun. To increase in our ability to minister to life and to anchor peace, we are invited to attend these retreats:

*Retreat of the Archangel Uriel and Aurora,  
Archangels of the Sixth Ray*

*Retreat of Peace and Aloha,  
Elohim of the Sixth Ray*

*Arabian Retreat,  
Retreat of Jesus and Lady Master Nada,  
Chohan of the Sixth Ray*



*Solar Plexus Chakra*

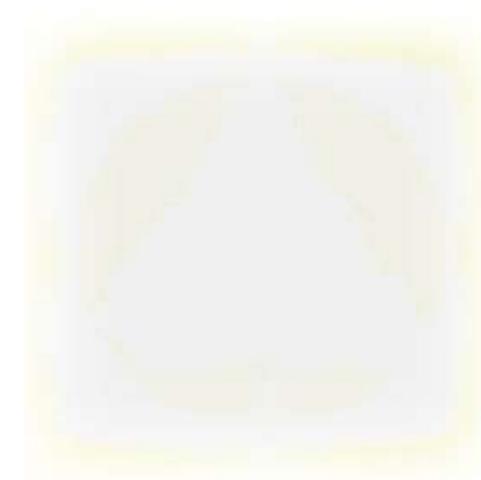
## *Friday*

Friday focuses the vibration of God known as the fourth ray. We anchor purity and discipline through the color white and through the base of the spine chakra. To increase in spiritual discipline and the cosmic honor flame, and for the raising of the Mother Light or Kundalini in a balanced way, we are invited to attend these retreats:

*Retreat of the Archangel Gabriel and Hope,  
Archangels of the Fourth Ray*

*Retreat of Purity and Astrea,  
Elohim of the Fourth Ray*

*Ascension Temple,  
Retreat of Serapis Bey, Chohan of the Fourth Ray*



*Base Chakra*

## *Saturday*

Saturday focuses the vibration of God known as the seventh ray. We anchor freedom and forgiveness through the color violet and the seat of the soul chakra. To increase in soul freedom, we are invited to attend these retreats:

Temple of Purification, Retreat of Archangel Zadkiel  
and Holy Amethyst, Archangels of the Seventh Ray

Retreat of Arcturus and Victoria,  
Elohim of the Seventh Ray

Cave of Symbols, Retreat of Saint Germain,  
Chohan of the Seventh Ray

Rakoczy Mansion and Temple of the Maltese Cross,  
Retreat of Saint Germain and the Great Divine Director



*The Seat of the Soul Chakra*

## *Retreat Prayer*

In the name of the Christ, my own Real Self, I call to the Heart of my Mighty I AM Presence, to the Angel of the Presence, to Beloved Archangel Michael, to beloved Kuan Yin and to the Lord Maha Chohan, to take me to the etheric retreat of (insert) over (insert) according to the will of my Holy Christ Self and to the direction of the Lord Maha Chohan. I ask to be God taught by the masters and angels.

(personal prayer)

Help me to remember upon awakening all that will help me to fulfill my mission on earth and the mission of my twin flame. I accept this call manifested through the power of the Christ and am thankful for its realization. In the name of the Father, the Son, the Holy Spirit and the Divine Mother, Amen.



*Secret Chamber of the Heart*

## *About the Author*



Therese Emmanuel is an inspirational author, speaker, songwriter, singer and web designer. Her work draws people into communion with their own divine presence and helps them to develop a personal, one-on-one relationship with the ascended masters and angels of the heaven world.

All of the illustrations in this book were created by Therese.

Therese founded Lightbearers Worldwide, an ecumenical online community that honors the divine flame in each heart.

Her other books include *The Miracle Violet Flame*; *Miracles, Masters and Mirth 2020*; *Songs of Divine Love, G.O.D.: Embrace the Majesty of Your Divine Geometry* and *The Legend of the Ancient of Days*.

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